

MONROE-WOODBURY CENTRAL SCHOOL DISTRICT

-----EDUCATION CENTER, 278 ROUTE 32, CENTRAL VALLEY, NEW YORK 10917 (845) 460-6245 FAX (845) 460-6083 mw.k12.ny.us

July 2016

Dear Parent/Student:

Monroe-Woodbury offers many Interscholastic Sport Programs throughout the school year. (A listing of these programs is included on the back of this letter). In order to participate in a sport, you must have a current physical exam and complete the Interscholastic Parent Permission/Update form. This form may be signed no sooner than thirty days before the opening day of each sport.

Physical exams are valid for one calendar year. For this fall, the physical is valid if it was performed on or after August 1, 2015. If you choose to have a physical by your private physician, a copy of the physical should be brought to the Nurse's Office, along with the Parent Permission/Update form. School physicals will be given at the High School Nurse's office on **Thursday, August 11th** and **Tuesday, August 16th**, between 8:00 a.m. and 10:00 a.m. The Nurses will be available to sign Parent Permission/Update forms on the following dates: **August 10, 11, 12, 15, 16, 17, and 22nd** between 7:00 a.m. and 11:30 a.m. **Each athlete must appear in person** at the High School Nurse's Office. It is your responsibility to have the necessary medical clearance before the first day of practice! Coaches **cannot** allow you to practice until they receive a clearance slip from the High School Nurse.

If you have a history of asthma or allergies that require medication, you must provide the Health Office with a new medication order each year. **In order to be cleared**, you will need the physician's order, written permission from your parent or guardian, and the medication in its original container.

All High School Varsity & J.V. Fall Sports will begin practices on **Monday, August 15th**. The Parent Permission/Update form is downloadable along with the Authorization for Medication and the Physical Examination forms through the mw.k12.ny.us website.

Sincerely yours,

Ron Montalto
Athletic Director

MONROE-WOODBURY CENTRAL SCHOOL DISTRICT

HIGH SCHOOL INTERSCHOLASTIC SPORT PROGRAMS

FALL

Cross Country – Varsity Boys
Cross Country – Varsity Girls
Football – Varsity
Football – JV
Soccer – Varsity Boys
Soccer – JV Boys
Soccer – Varsity Girls
Soccer – JV Girls
Tennis – Varsity Girls
Tennis – JV Girls
Cheerleading – Varsity
Cheerleading – JV
Swim – Varsity Girls
Diving – Varsity Girls
Volleyball – Varsity Girls
Volleyball – JV Girls

WINTER

Basketball – Varsity Boys
Basketball – JV Boys
Basketball – Varsity Girls
Basketball – JV Girls
Wrestling – Varsity
Wrestling – JV
Swim – Varsity Boys
Diving – Varsity Boys
Indoor Track – Boys
Indoor Track – Girls
Ski – Varsity Boys
Ski – Varsity Girls
Ice Hockey – Varsity
Cheerleading – Varsity
Cheerleading – JV

SPRING

Baseball – Varsity Boys
Baseball – JV Boys
Softball – Varsity Girls
Softball – JV Girls
Track – Varsity Boys
Track – Varsity Girls
Tennis – Varsity Boys
Tennis – JV Boys
Golf – Varsity Boys
Golf – Varsity Girls
Lacrosse – Varsity Boys
Lacrosse – JV Boys
Lacrosse – Varsity Girls
Lacrosse – JV Girls