



# MARCH 2017

## SMITH CLOVE AND SAPPHIRE ELEMENTARY SCHOOL BREAKFAST AND LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Get in touch with us today to learn more about free and reduced price meals in our district! (845) 460-6110 or foodforthought@mw.k12.ny.us</i></p>		<p><b>1</b> <b>BREAKFAST</b> Whole Grain Muffin Chilled and Fresh Fruit Cold Milk Choices</p> <p><b>LUNCH</b> Open Face Turkey Sandwich Steamed Green Beans Tossed Salad Chilled Fruit Choices Cold Milk Choices Alt: Fish Nuggets or Beef Hot Dog</p>	<p><b>2</b> <b>DR. SEUSS' BIRTHDAY! BREAKFAST</b> Scrambled Eggs w/ Toast Chilled and Fresh Fruit Cold Milk Choices</p> <p><b>LUNCH</b> Whole Grain Waffles Try Them Try Them Canadian Ham Who Hash Brown Patty Cat in the Hat Strawberry Parfait Chilled and Fresh Fruit 100% Pink Yink Ink Juice Cold Milk Choices Alt: Thing 1's Favorite Burger or Green Eggs</p>	<p><b>3</b> <b>BREAKFAST</b> Fruit and Yogurt Parfait Granola Chilled and Fresh Fruit Cold Milk Choices</p> <p><b>LUNCH</b> Fresh Made Pizza Bean Salad Tossed Salad Chilled Fruit Choices Cold Milk Choices</p>
<p><b>6</b> <b>BREAKFAST</b> Assorted Whole Grain Bagels or Hard Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p><b>LUNCH</b> Golden Chicken Nuggets Buttered Noodles Seasoned Green Beans Tossed Salad Cinnamon Applesauce Cold Milk Choices Alt: Hot Dog</p>	<p><b>7</b> <b>BREAKFAST</b> French Toast Sticks Chilled and Fresh Fruit Cold Milk Choices</p> <p><b>LUNCH</b> Cheese Lasagna Dinner Roll Sautéed Kale with Garlic Tossed Salad Diced Peaches Cold Milk Choices</p>	<p><b>8</b> <b>BREAKFAST</b> Breakfast Bun Chilled and Fresh Fruit Cold Milk Choices</p> <p><b>LUNCH</b> Soft or Hard Shell Taco* Steamed Rice Refried Beans Salsa Lettuce &amp; Tomatoes Chilled Pineapples Cold Milk Choices</p>	<p><b>9</b> <b>BREAKFAST</b> Cheese Omelet Wrap Chilled and Fresh Fruit Cold Milk Choices</p> <p><b>LUNCH</b> Grilled Cheese or Grilled Ham &amp; Cheese S/w Potato Wedges Tossed Salad Fresh Cut Melon Cold Milk Choices</p>	<p><b>10</b> <b>BREAKFAST</b> Fruit and Yogurt Parfait Graham Crackers Chilled and Fresh Fruit Cold Milk Choices</p> <p><b>LUNCH</b> Personal Pan Pizza Chick Pea Salad Baby Carrots W/ Dip Tossed Salad Sliced Pears Cold Milk Choices</p>

### AVAILABLE DAILY

Breakfast  
**Cold Cereal Choices, Chilled Juice or Cold Milk Choices, Fresh Fruit, Assorted Fruited 4 oz. Yogurt, Bagel Alternate**

Breakfast consists of 8 oz. fluid milk, fresh or canned fruit, vegetable or juice, grain or alternate, meat or alternate or both.

***In the event of a two hour delay, breakfast will not be served.***

**Lunch:** Fresh Fruit & Salad Bar, Baby Carrots

**Sandwiches:** Cheese, Turkey & Cheese, Peanut Butter & Jelly, Tuna, Hummus, Sun Butter

All meals consist of 8 oz. low-fat or skim milk, one cup salad, vegetable and/or fresh or canned fruits & whole grain bread, whole grain rice and pasta.

**ALTERNATES:**

**Mon, Weds, Fri:** Hot Dog  
**Tues:** All White Meat Chicken Nuggets  
**Thurs:** Hamburger, Cheeseburger or Veggie Burger

USDA is an equal opportunity provider and employer.  
Menus are subject to change.  
\*May contain pork.

**DAILY ELEMENTARY STUDENT MEAL PRICES:**

**BREAKFAST: \$ 1.75**  
**LUNCH: \$ 2.75**

**TO PAY BY CHECK: PLEASE ISSUE TO M-W FOOD SERVICES.**

**TO PAY BY CREDIT CARD: USE WWW.PAYPAMS.COM**

To view your child's account history and set up low cash notifications, please set up a **free** PAYPAMS account at **www.paypams.com** or download the app for your cell phone.



# MARCH 2017 SMITH CLOVE AND SAPPHIRE ELEMENTARY SCHOOL BREAKFAST AND LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;"><b>13</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Assorted Whole Grain Bagels or Hard Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Popcorn Chicken Smackers Mashed Potatoes Steamed Corn Tossed Salad Mixed Fruit Cold Milk Choices</p>	<p style="text-align: center;"><b>14</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Mini Waffles Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Cheese Stuffed Shells Garlic Bread Roasted Broccoli Tossed Salad Diced Pears Cold Milk Choices</p>	<p style="text-align: center;"><b>15</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Pull Apart Cinnamon Bun Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Chicken Patty on a Bun Potato Smiles Bean Salad Tossed Salad Mandarin Oranges Cold Milk Choices</p>	<p style="text-align: center;"><b>16</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Ham and Egg on a Whole Grain Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> French Toast Sticks Canadian Style Bacon Sweet Potato Bites Applesauce Cup 100% Fruit Juice Cold Milk Choices</p>	<p style="text-align: center;"><b>17</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Fruit and Yogurt Parfait Corn Bread Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Fresh Made Pizza Fresh Veggies W/ Dip Tossed Salad Tropical Fruit Salad Cold Milk Choices</p>
<p style="text-align: center;"><b>20</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Assorted Whole Grain Bagels or Hard Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Golden Chicken Nuggets Buttermilk Biscuit Steamed Corn Tossed Salad Peach Cup Cold Milk Choices</p>	<p style="text-align: center;"><b>21</b></p> <p style="text-align: center;"><b>BREAKFAST</b> WG Pancakes Side of Ham Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Spaghetti with Plain or Meat Sauce Italian Vegetables Tossed Salad Sherbet Cup Cold Milk Choices</p>	<p style="text-align: center;"><b>22</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Fresh Baked Muffin Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Top Your Own Hot Dog or Hamburger! Ultimate Fries Kale Salad Sliced Pears Cold Milk Choices</p>	<p style="text-align: center;"><b>23</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Sausage* and Egg on a Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Mozzarella Sticks with Side of Sauce Dinner Roll Bean Salad Tossed Salad Mandarin Oranges Cold Milk Choices</p>	<p style="text-align: center;"><b>24</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Fruit and Yogurt Smoothie Granola Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Pizzeria Style Pizza Baby Carrots W/ Dip Tossed Salad Sliced Apricots Cold Milk Choices</p>
<p style="text-align: center;"><b>27</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Assorted Whole Grain Bagels or Hard Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Chicken Tenders Rice and Gravy Glazed Carrots Tossed Salad Diced Pears Cold Milk Choices</p>	<p style="text-align: center;"><b>28</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Mini Pancakes with Syrup Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Cheese Ravioli Garlic Bread Sautéed Spinach Tossed Salad Sliced Peaches Cold Milk Choices</p>	<p style="text-align: center;"><b>29</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Whole Grain Cinnamon Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Tacos* Gone Loco! Refried Beans Salsa Yellow Corn Lettuce &amp; Tomato Pineapple Chunks Cold Milk Choices</p>	<p style="text-align: center;"><b>30</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Breakfast Pizza Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Waffles or Pancakes Sausage * Links Tator Tots Strawberry Cup 100% Fruit Juice Cold Milk Choices</p>	<p style="text-align: center;"><b>31</b></p> <p style="text-align: center;"><b>BREAKFAST</b> Fruit and Yogurt Parfait Graham Crackers Chilled and Fresh Fruit Cold Milk Choices</p> <p style="text-align: center;"><b>LUNCH</b> Fresh Made Pizza Baby Carrots With Dip Tossed Salad Seedless Grapes Cold Milk Choices</p>

### Questions about your child's account?

Please call your child's cafeteria at (845) 460-6200  
 PT: x6941  
 NM: x6841  
 CV: x6741  
 SC: x6341  
 SE: x6541

### Don't Forget!

Take at least **ONE FRUIT** or **VEGGIE** and at least **THREE** items total so your meal counts as a complete meal!

### LOOKING FOR WORK WHILE YOUR CHILD IS IN SCHOOL?

Substitute Food Service Positions are Available!  
 Please contact Food Services at (845) 460-6110

Please view [www.mw.k12.ny.us](http://www.mw.k12.ny.us) to view the Food Service Link

*Thank you  
for dining with  
Monroe-Woodbury  
Food Services!*