



MAY 2017

**SMITH CLOVE AND SAPPHIRE
BREAKFAST AND LUNCH MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 BREAKFAST Assorted Whole Grain Bagels or Hard Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Chicken Tenders Dinner Roll Steamed Corn Tossed Salad Sliced Pears Cold Milk Choices Alt: Hot Dog</p>	<p>2 BREAKFAST Waffles with Fruit Sauce Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Cheese Stuffed Shells Fresh Baked Breadstick Tossed Salad Kale Chips Orange Smiles Cold Milk Choices Alt: All White Meat Chicken Nuggets</p>	<p>3 BREAKFAST Breakfast Bun Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Pancakes Canadian Style Bacon Sweet Potato Wedges 100% Fruit Juice Strawberry Cup Cold Milk Choices Alt: Hot Dog</p>	<p>4 BREAKFAST Scrambled Eggs and Toast Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Cheese Quesadilla Corn Salsa Tossed Salad Vegetarian Beans Tropical Fruit Salad Cold Milk Choices Alt: Hamburger, Cheeseburger or Veggie Burger</p>	<p>5 BREAKFAST Fruit and Yogurt Parfait Graham Crackers Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Fresh Made Pizza Cucumber Salad Tossed Salad Diced Peaches Cold Milk Choices Alt: Hot Dog</p>
<p>8 BREAKFAST Assorted Whole Grain Bagels or Hard Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Boneless Chicken Wings Rice & Gravy Tossed Salad Mandarin Oranges Cold Milk Choices Alt: Hot Dog</p>	<p>9 BREAKFAST Pancakes Side of Ham Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Spaghetti with Plain or Meat Sauce Steamed Spinach Tossed Salad Mixed Fruit Cold Milk Choices Alt: All White Meat Chicken Nuggets</p>	<p>10 BREAKFAST Pull Apart Cinnamon Bun Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Tacos* Gone Loco! Salsa Yellow Corn Lettuce & Tomato Seedless Grapes Cold Milk Choices Alt: Hot Dog</p>	<p>11 BREAKFAST Cheese Omelet Wrap Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Fajita Chicken over Rice Peppers & Onions Tossed Salad Pineapple Chunks Cold Milk Choices Alt: Hamburger, Cheeseburger or Veggie Burger</p>	<p>12 BREAKFAST Fruit and Yogurt Parfait Granola Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Pizzeria Style Pizza Baby Carrots w/ Dip Tossed Salad Cinnamon Applesauce Cold Milk Choices Alt: Hot Dog</p>

AVAILABLE DAILY

Breakfast
Cold Cereal Choices, Chilled Juice or Cold Milk Choices, Fresh Fruit, Assorted Fruited 4 oz. Yogurt, Bagel Alternate

Breakfast consists of 8 oz. fluid milk, fresh or canned fruit, vegetable or juice, grain or alternate, meat or alternate or both.

Lunch:
Fresh Fruit & Salad Bar,
Baby Carrots

Sandwiches:
Cheese, Turkey & Cheese,
Peanut Butter & Jelly,
Tuna, Hummus, Sun Butter

All meals consist of 8 oz. low-fat or skim milk, one cup salad, vegetable and/or fresh or canned fruits & whole grain bread, whole grain rice and pasta.

ALTERNATES:
Mon, Weds, Fri: Hot Dog
Tues: All White Meat
Chicken Nuggets
Thurs: Hamburger, Cheeseburger
or Veggie Burger

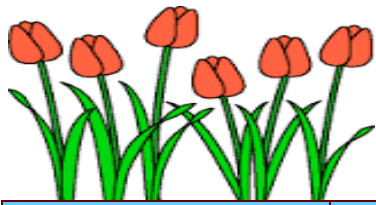
USDA is an equal opportunity provider and employer.
Menus are subject to change.
*May contain pork.

DAILY HIGH SCHOOL STUDENT MEAL PRICES:

BREAKFAST: \$ 1.75
LUNCH: \$ 2.75

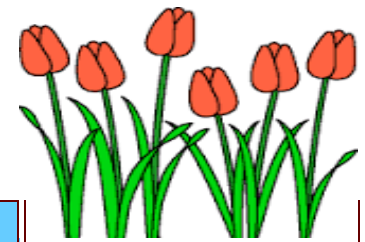
TO PAY BY CREDIT CARD: USE WWW.PAYPAMS.COM

To view your child's account history and set up low cash notifications, please set up a **free** PAYPAMS account at **www.paypams.com**



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SMITH CLOVE AND SAPPHIRE BREAKFAST AND LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>15 BREAKFAST Assorted Whole Grain Bagels or Hard Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Popcorn Chicken Pasta Salad Tossed Salad Black Bean Salad Diced Peaches Cold Milk Choices Alt: Hot Dog</p>	<p>16 BREAKFAST Waffles with Fruit Cup Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Cheese Lasagna Dinner Roll Roasted Broccoli Tossed Salad Tropical Fruit Salad Cold Milk Choices Alt: Chicken Nuggets</p>	<p>17 BREAKFAST Whole Grain Muffin Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH French Toast Sticks Canadian Style Bacon Potato Hash Brown 100% Fruit Juice Applesauce Cup Cold Milk Choices Alt: Hot Dog</p>	<p>18 BREAKFAST Ham and Egg on a Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Mozzarella Sticks Cup of Sauce Fresh Baked Breadstick Tossed Salad Cold Milk Choices Alt: Hamburger, Cheeseburger or Veggie Burger</p>	<p>19 BREAKFAST Fruit and Yogurt Smoothie Graham Crackers Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Fresh Made Pizza Veggie Sticks with Dip Tossed Salad Sherbet Cup Cold Milk Choices Alt: Hot Dog</p>
<p>22 BREAKFAST Assorted Whole Grain Bagels or Hard Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Chicken Patty on a Bun Potato Smiles Tossed Salad Sliced Carrots Mixed Fruit Cold Milk Choices Alt: Hot Dog</p>	<p>23 BREAKFAST French Toast Sticks Fruit Sauce Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Cheese Ravioli Garlic Bread Steamed Fresh Squash Tossed Salad Mandarin Oranges Cold Milk Choices Alt: Chicken Nuggets</p>	<p>24 BREAKFAST Mini Pancakes with Syrup Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH All Beef Hamburger or Hot Dog Ultimate Fries Vegetarian Beans Tossed Salad Sliced Melon Cold Milk Choices</p>	<p>25 BREAKFAST Egg and Cheese on an English Muffin Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Personal Pan Pizza Tossed Salad Baby Carrots with Dip Frozen Juice Bar Cold Milk Choices Alt: Hamburger, Cheeseburger or Veggie Burger</p>	<p>26</p> <div style="border: 2px solid red; padding: 10px; background-color: #800000; color: white; text-align: center; width: 100px; margin: auto;"> <p>SCHOOL CLOSED TODAY</p> </div>
<p>29</p> <div style="text-align: center;">  </div>	<p>30 BREAKFAST Mini Waffles with Syrup Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Chicken Tenders Rice & Gravy Mixed Vegetables Tossed Salad Cinnamon Applesauce Cold Milk Choices Alt: Chicken Nuggets</p>	<p>31 BREAKFAST Pull Apart Cinnamon Roll Chilled and Fresh Fruit Cold Milk Choices</p> <p>LUNCH Tacos* with Spanish Rice Steamed Corn; Salsa Lettuce and Tomatoes Frozen Juice Bar Cold Milk Choices Alt: Hot Dog</p>	<div style="border: 1px solid black; padding: 10px; background-color: #f0f0f0;"> <p><i>Get in touch with us today to learn more about free and reduced price meals in our district!</i> <i>(845) 460-6110 or</i> <i>foodforthought@mw.k12.ny.us</i></p> </div>	
<p>FOOD SERVICE APPRECIATION DAY!</p>				

Questions about your child's account?

Please call your child's cafeteria at
(845) 460-6200
PT: x6941
NM: x6841
CV: x6741
SC: x6341
SE: x6541

Don't Forget!

Take at least **ONE FRUIT** or **VEGGIE** and at least **THREE** items total so your meal counts as a complete meal!

LOOKING FOR WORK WHILE YOUR CHILD IS IN SCHOOL?

Substitute Food Service Positions are Available!
Please contact Food Services at:
(845) 460-6110

Please view www.mw.k12.ny.us to view the Food Service Link

Thank you for dining with Monroe-Woodbury Food Services!!