

MONROE-WOODBURY CSD
NYS Department of Health Survey Release Opt Out Form

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group data be included as part of the student's school health examination.

Monroe-Woodbury was among the sample of school districts selected to take part in a survey by the New York State Department of Health for the 2016-17 school year. We will be reporting information about our students' weight status groups to the Department of Health. Only summary information is sent; **names and information about individual students are not included in the report.**

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier. However, you may choose to have your child's information excluded from this survey report. If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to your school nurse.

Please do not include my child's weight status information in the 2016-2017 School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature